



A Step-By-Step Guide to Creating Your Individual Learning Plan (ILP)

Explore

- 1 Identify your career goals and motivations
 - What do you enjoy about your current role?
 - What motivates you at work?
 - What kind of professional opportunities do you want in the future (short-term and long-term)?
 - Record your short-term and long-term career goals on the ILP
- 2 Determine your strengths and developmental opportunities
 - What areas do you naturally excel in?
 - What challenges you?
 - What are your passions?
 - What feedback have you received from others regarding your strengths and opportunities (manager, peers, etc.)?
 - Record your strengths and developmental opportunities in the “Competencies/Skills/Knowledge/Experience” column of the ILP

Plan

- 3 Plan specific action steps to help you meet your developmental goals
 - Considering your future career goals, what areas do you need to focus on in order to be successful?
 - How will you utilize your strengths to work on your developmental opportunities?
 - What specific action steps will you take to achieve focus on your personal development?
 - Record your ideas for development activities, the estimated goal date for completion, and the career goal each activity corresponds to on pg. 2 of the ILP

Act

- 4 Meet with your manager
 - Schedule a 30 – 60 minute meeting with your manager to review your ILP
 - Ask your manager for feedback on your career goals and developmental activities
 - Communicate to your manager how they can support you in reaching your goals
- 5 Act on your plan
 - Finalize your ILP using feedback that you received from your manager
 - Give a finalized copy of your plan to your manager
 - Schedule quarterly check-ins with your manager to update him/her on your progress
 - Assume ownership of your ILP
- 6 Update your plan
 - Record progress and key learnings in the ILP progress notes section
 - Add new activities to the plan as you complete others
 - Adjust career goals as you continue to develop in your role or take on a new role